

Search Institute's most recent research has expanded to demonstrate a correlation between the number of assets a young person experiences and the rate at which they experience eight "thriving" indicators.

Here are the 8 thriving indicators studied in the most recent assets' survey:

- Succeeds in school (gets mostly As on report card)
- Helps others (helps friends or neighbors one or more hours per week)
- Values diversity (places high importance on getting to know people of other racial/ethnic backgrounds)
- Maintains good health (pays attention to healthy nutrition and exercise)
- Exhibits leadership (Has been a leader of a group or organization in the past 12 months)
- Resists danger (Avoids doing things that are dangerous)
- Delays gratification (Saves money for something special rather than spending it all right away)
- Overcomes adversity (Does not give up when things get difficult)

The Power of Assets to Promote

